

at Millennium Library, 251 Donald Street

Weekly Schedule: Sept. 15-19

Date and location	Community Visiting Agency
Monday, Sept. 15 11 a.m 2 p.m. 2nd Floor	Info Table: Sara Riel Drop by to speak with Sara Riel staff about their services, including counselling, employment and housing support for people facing mental health and addictions challenges.
Tuesday, Sept. 16 11 a.m 2 p.m. Lobby, Main Floor	Info Table: Ka Ni Kanichihk - Mino Pimatisiwin Sexual Wellness Lodge & Go Ask Auntie Mino Pimatisiwin means 'the good life'. This clinic offers culturally safe health care so people can live a good life. They offer many different forms of testing, as well as access to traditional medicine and knowledge to provide guidance and healing. Drop by to learn more.
Wednesday, Sept. 17 11 a.m 2 p.m. Lobby, Main Floor	Info Table: 211 Manitoba 211 is a free, confidential information service available 24/7 in more than 150 languages, including 4 Indigenous languages. Drop by to learn about government, health and social services across Manitoba.
Thursday, Sept. 18	
Friday, Sept. 19 11 a.m 2 p.m. 2nd Floor	Info Table: Obsessive Compulsive Disorder Centre Learn about the Canadian Mental Health Association's OCD supports and other free services.