



COMMUNITY VISITING AGENCIES at Millennium Library, 251 Donald Street

Weekly Schedule: Oct. 20-24

Date and location	Community Visiting Agency
Monday, Oct. 20 11 a.m 2 p.m. 2nd Floor	Info Table: Sara Riel Drop by to speak with Sara Riel staff about their services, including counselling, employment and housing support for people facing mental health and addictions challenges.
Tuesday, Oct. 21 11 a.m 2 p.m. 2nd Floor	WRHA Public Health, Healthy Sexuality and Harm Reduction Meet with a public health nurse for health supports, immunizations, and vaccine records. They can also help you find a family doctor and get connected to prenatal health care, home care, and community mental health supports. Ask staff about harm reduction programming, and STBBI testing and treatment services.
Wednesday, Oct. 22 11 a.m 2 p.m. Lobby, Main Floor	Info Table: Ka Ni Kanichihk - Mino Pimatisiwin Sexual Wellness Lodge & Go Ask Auntie Mino Pimatisiwin means 'the good life'. This clinic offers culturally safe health care so people can live a good life. They offer many different forms of testing, as well as access to traditional medicine and knowledge to provide guidance and healing. Drop by to learn more.
Thursday, Oct. 23 11 a.m 2 p.m. Meeting Room 1, 2nd Floor	Learn about Punjabi Community Health Services Punjabi Community Health Services offers systems navigation, health and wellness support and culturally appropriate services for South Asian community members. Drop by to learn more.
Friday, Oct. 24 11 a.m 2 p.m. 2nd Floor	Info Table: Downtown Seniors Resource Finder Stop by to pick up an Emergency Response Information Kit (E.R.I.K. ®) and learn about resources in your community for older adults 55+.