

They asked that, and how they presume
asked for anything just make space for
me to be there, I need a safety or beyond

Finding Your Voice:

A Writing Program for Older Adults

This program will help participants overcome writer's block, build confidence, and gain the skills to better express what matters to them through writing. Whether that means journaling, writing poetry, essays, editorials, letters, reflections, or life stories, participants will learn to write clearly, combining thought with heart to create written pieces with impact.

Facilitated by freelance writer Janine LeGal.

Cornish Library

Wednesdays: April 15, 22 & 29; May 6, 13 & 20
2-4 p.m.



Free. To register phone, visit a branch, scan the QR code, or visit winnipeg.ca/library