



COMMUNITY VISITING AGENCIES

at Millennium Library, 251 Donald Street

Weekly Schedule: July 14-18

Date and location	Community Visiting Agency
Monday, July 14 1-4 p.m. 2nd Floor	Info Table: Sara Riel Drop by to speak with Sara Riel staff about their services, including counselling, employment and housing support for people facing mental health and addictions challenges.
Tuesday, July 15 1-4 p.m. Lobby, Main Floor	Info Table: Ka Ni Kanichihk - Mino Pimatisiwin Sexual Wellness Lodge & Go Ask Auntie Mino Pimatisiwin means ‘the good life’. This clinic offers culturally safe health care so people can live a good life. They offer many different forms of testing, as well as access to traditional medicine and knowledge to provide guidance and healing. Drop by to learn more.
Wednesday, July 16 1-4 p.m. 2nd Floor	Info Table: Anxiety Disorder Association of Manitoba Drop by to learn about the Anxiety Disorder Association’s free anxiety education and peer support programs.
Thursday, July 17 1-4 p.m. 2nd Floor	Info Table: Independent Living Resource Centre The ILRC is a cross-disability organization that welcomes the participation of people with disabilities and their support networks. Most of the ILRC’s over 20 programs and services are available to people with self-declared disabilities. Drop by to learn more.
Friday, July 18 1-3 p.m. Lobby, Main Floor	Info Table: WRHA Public Health, Healthy Sexuality and Harm Reduction with Cancer Care Manitoba This week, Cancer Care Manitoba is joining WRHA. Drop by to ask about their cancer screening programs. Meet with WRHA public health staff for health supports, immunizations, and vaccine records. They can also help you find a family doctor and get connected to prenatal health care, home care, community mental health supports, harm reduction programming, and STBBI testing and treatment services.