NFB Film Club

BEATS

MINUTE

7 Beats Per Minute

Director Yuqi Kang's documentary captures the descent of a lifetime, when freediving champion Jessea Lu returns to the site of her near-death experience to face the traumas of her past and find a way back to connection. *100 min. Not Rated.* Free. Drop in.

Millennium Library Carol Shields Auditorium Saturday, July 5: 2 p.m.

winnipeg.ca/library

Winnipeg