



# COMMUNITY VISITING AGENCIES

at Millennium Library, 251 Donald Street

## Weekly Schedule: January 26-30

Date and location	Community Visiting Agency
<b>Monday, Jan. 26</b> <b>11 a.m. - 2 p.m.</b> 2nd Floor	<b>Info Table: Harvest Manitoba</b> Visit the Harvest Manitoba information table to learn about food banks and food security. Representatives will be on site to book food bank appointments.
<b>Tuesday, Jan. 27</b> <b>11 a.m. - 2 p.m.</b> 2nd Floor	<b>Info Table: A Woman’s Place</b> Drop by to speak with NorWest Co-op Community Health staff about their health and wellness programs, including a Woman's Place, which provides support to women and children impacted by family violence.
<b>Wednesday, Jan. 28</b> <b>11 a.m. - 2 p.m.</b> 2nd Floor	<b>Info Table: Anxiety Disorder Association of Manitoba</b> Drop by to learn about the Anxiety Disorder Association’s free anxiety education and peer support programs.
<b>Thursday, Jan. 29</b> <b>11 a.m. - 2 p.m.</b> Lobby, Main Floor	<b>Info Table: 211 Manitoba</b> 211 is a free, confidential information service available 24/7 in more than 150 languages, including four Indigenous languages. Drop by to learn about government, health and social services across Manitoba.
<b>Friday, Jan. 30</b> <b>11 a.m. - 2 p.m.</b> Lobby, Main Floor	<b>Info Table: Huddle</b> Drop by and speak with staff about their youth hub locations, health and wellness workshops, drop-in counselling, substance-use and harm reduction support, employment help, Indigenous programming and more.

